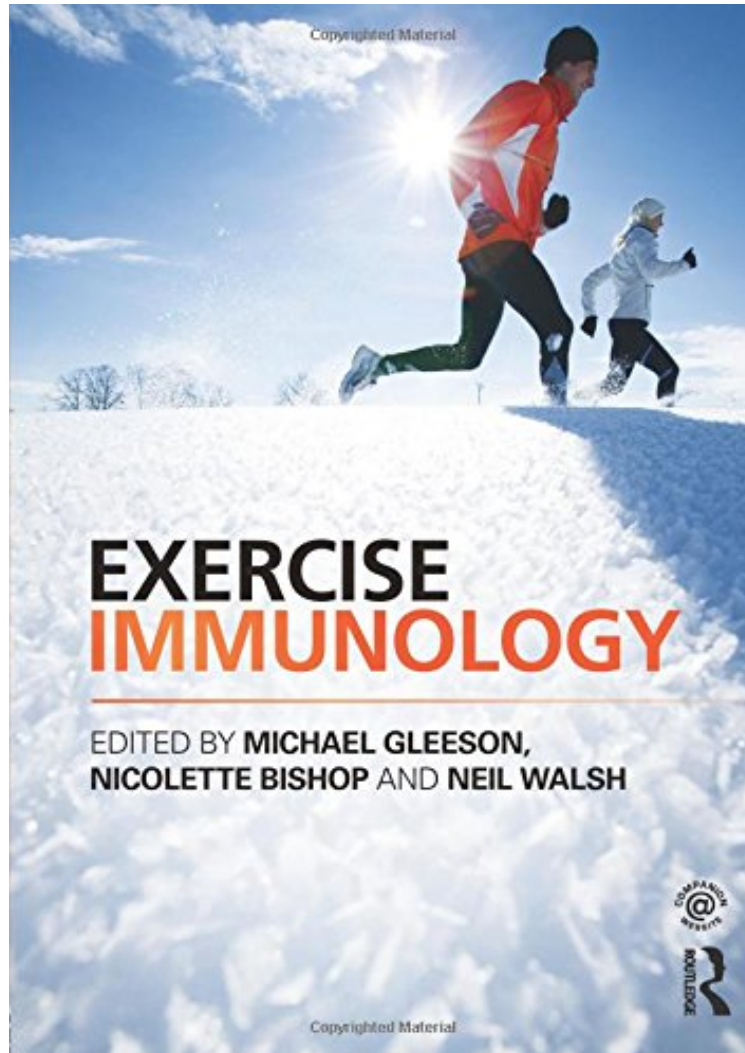


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Exercise immunology is an important, emerging sub-discipline within exercise physiology, concerned with the relationship between exercise, immune function and infection risk. This book offers a comprehensive, up-to-date and

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About the Author Michael Gleeson is Professor of Exercise Biochemistry at Loughborough University, UK. Over the past 20 years he has published over 150 papers on exercise physiology, biochemistry and immunology and sports nutrition. He is a member of several Sports Science societies in the UK and worldwide, as well as being a past president of the International Society of Exercise and Immunology. He is also an elected Fellow of the European College of Sport Science, a past editor of the Journal of Sports Sciences and is currently associate editor of Exercise Immunology . Nicolette Bishop is Senior Lecturer in Exercise Physiology at Loughborough University, UK where she leads the Performance Health Research Theme within the Peter Harrison Centre for Disability Sport. She is widely published in the area of exercise immunology, is a member of the International Society for Exercise and Immunology, a Physiology Advisory Board Member for the Journal of Sports Sciences and acts as a consultant for the English Institute of Sport. Neil Walsh is Professor, and Director of the Extremes Research Group, in the School of Sport, Health and Exercise Science at Bangor University, UK. He is physiology section editor for the Journal of Sports Sciences, and a full member of BASES, the Physiology Society, the International Society of Exercise and Immunology and the American College of Sports Medicine.