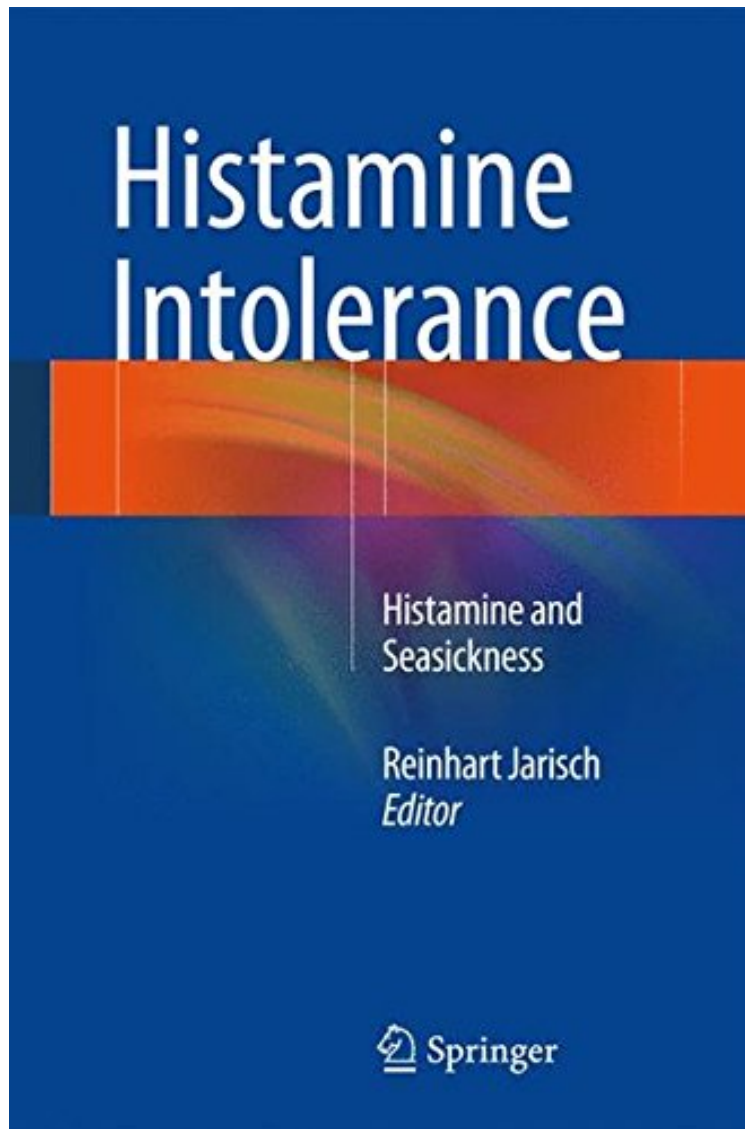


## Histamine Intolerance: Histamine and Seasickness

*From Jarisch Reinhart*  
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#452497 in Books Jarisch Reinhart 2014-11-11 Original language: German PDF # 1 9.40 x .60 x 6.30l, .0  
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**From Jarisch Reinhart : Histamine Intolerance: Histamine and Seasickness** before purchasing it in order to gage whether or not it would be worth my time, and all praised Histamine Intolerance: Histamine and Seasickness:

6 of 6 people found the following review helpful. Detailed and informative By DrLaVie An excellent book for both health practitioners and patients alike. The author did not practice the too common regurgitation process, the information is original. 5 of 5 people found the following review helpful. Suffering from Food Reactions? READ THIS! By sara powers Histamine Intolerance written by Reinhart Jarisch is another life-changing book. Thanks . I've been on a life-long journey of trying to find answers to my "weird" medical symptoms and have finally found an

explanation in this book! After I read the book, I immediately turned it over to my physician because she also shares the same medical symptoms as I do. Now I know WHY I have reactions to certain foods containing high histamines. Now if the United States will jump on the band wagon, maybe those suffering from multiple illnesses will get answers too. Thank you!

Histamine is an important mediator of allergic diseases, but knowledge of histamine as a cause of numerous non-allergic symptoms and signs is limited. This book offers wide-ranging coverage of histamine intolerance. There is extensive background discussion of the origin of histamine, its content in food and alcoholic beverages and intolerance to red wine. Diagnosis of histamine intolerance is explained and the various symptoms of histamine intolerance are clearly described. Subsequent chapters cover the relation of histamine to a wide variety of conditions, including drug intolerance, atopic dermatitis, seasickness and osteoporosis. This book will prove of value in clinical practice by facilitating differential diagnosis, which is by no means straightforward given the multiplicity of symptoms of histamine intolerance and by assisting in the selection of therapeutic measures.

From the Back Cover Histamine is an important mediator of allergic diseases such as hay fever and bronchial asthma, food allergies, urticaria, and drug hypersensitivity. Knowledge of histamine as a cause of numerous non-allergic symptoms and signs is, however, limited. In fact, histamine intolerance can be responsible for conditions as diverse as seasickness, headaches and migraine, tachycardia, gastric disorders, diarrhea, intolerance to contrast media, parodontosis, period pains, nausea and vomiting in pregnancy, atopic dermatitis, and osteoporosis. This book offers wide-ranging coverage of histamine intolerance. There is extensive background discussion of the origin of histamine, its content in food and alcoholic beverages, and intolerance to red wine. Diagnosis of histamine intolerance is explained, and the various symptoms of histamine intolerance are clearly described. Subsequent chapters cover the conditions mentioned above and also consider the relation of histamine to vitamin B6 and the specific immunotherapy of allergies. This book will prove of value in clinical practice by facilitating differential diagnosis, which is by no means straightforward given the multiplicity of symptoms of histamine intolerance, and by assisting in the selection of therapeutic measures.

About the Author After gaining his MD from the School of Medicine, University of Vienna, in 1970, Dr. Reinhart Jarisch undertook clinical traineeships in Denmark and the United States and postgraduate training at the Department of Dermatology, University of Vienna. He was appointed Assistant Professor in 1980, and from then until 2011 was Head of the Floridsdorf Allergy Center. In 2005, he was appointed Extraordinary Professor by the University of Vienna. Dr. Jarisch has served as Head of the Committee for Clinical Allergology of the Austrian Society of Allergology and Immunology (GAI). He is the recipient of five medical awards, including the Clemens of Pirquet Medal from GAI for life-time achievements in allergology. Dr. Jarisch holds three patents and is the author of 139 articles in peer-reviewed journals as well as the book *Histamin-Intoleranz, Histamin und Seekrankheit* (Histamine Intolerance, Histamine and Seasickness), now in its third edition.