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L. S Costanzo : L. S Costanzo's BRS Physiology 4th (Fourth) edition(BRS Physiology (Board Review Series) [Paperback])(2006) before purchasing it in order to gage whether or not it would be worth my time, and all praised L. S Costanzo's BRS Physiology 4th (Fourth) edition(BRS Physiology (Board Review Series) [Paperback])(2006):

0 of 0 people found the following review helpful. Seriously: Only use if you need an INTRODUCTION to physio or REMEDIATION, but it's way too detailed for the actual Step 1By doctornewyorkHad purchased this for Step 1 because everyone raved about it. It is a good book but way too heavily detailed for the Step. That is, the concepts are very important, but don't touch this within 3 months of your exam; focus on questions and FA at that stage. This is good for a first-year med student who needs an introduction, or a second-year who needs remediation. The questions are overly detailed and mathematical.My take is that people give this book wayyyyyyyyyy too much credit. Sort of like one person says it's great, then the domino effect just takes over. I stopped reading it after going through a little more than half. I had probably done over 5,000 practice questions at that point and it dawned on me that these questions are nothing like what would be assessed on the real deal, and that proved to be the case. I scored 260s on Steps 1 and 2CK just for the record.Good luck,1 of 1 people found the following review helpful. Adequate, but not great.By MikeThis book is perfectly fine for reviewing material before a shelf, but the content is somewhat lacking in clinical correlations. Also, when compared to the BRS for anatomy, it seems poorly written. It also has less than half as many questions. As someone who loves questions for testing my knowledge, I found this BRS to be less than perfect. All of

the chapters had around 50 questions, which were not enough. 1 of 1 people found the following review helpful. Piece of cake, but still can be narked on. By William This book is awesome, but I can still criticize it. I read it along with the little Guyton book, and used it as a main source a couple of days before the NBME, which we took at the end of our physiology class in medical school. I read the entire book in two days, and understood it all! It is a fast dirty way to study physiology that hits all the necessary points. However, it has its down points. The book is in bullet point format all the time. It became a little degrading to see point after point, which is why I used the pocket Guyton book. Guytons pocket book is another source that I highly recommend because it explains rather than bullet points, and if the bullet points in this book become too much for you, try pocket Guyton. Also, the sections of this book may not follow your class lecture. It can be unpleasant to search for what your studying. If the book had sections smaller than 30 pages it would help. Another word of warning, this book is build for medical school. This book is not intended as a source for PhD work, etc. However, if you are in med school, this is a necessary evil!

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