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Lifemates: The Love Fitness Program for a Lasting Relationship

Harold Bloomfield, Sirah Vettese, Robert Kory
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Harold Bloomfield, Sirah Vettese, Robert Kory : Lifemates: The Love Fitness Program for a Lasting Relationship before purchasing it in order to gage whether or not it would be worth my time, and all praised Lifemates: The Love Fitness Program for a Lasting Relationship:

A guide to achieving a lasting relationship teaches readers how to open up to greater intimacy and sexual communication, heal the pain that can tear a relationship apart, discover the words that enable partners listen to each other, and more. Reprint.

About the AuthorDrs. Harold Bloomfield and Philip Goldberg are the coauthors of Making Peace with Your Past. They live in California.