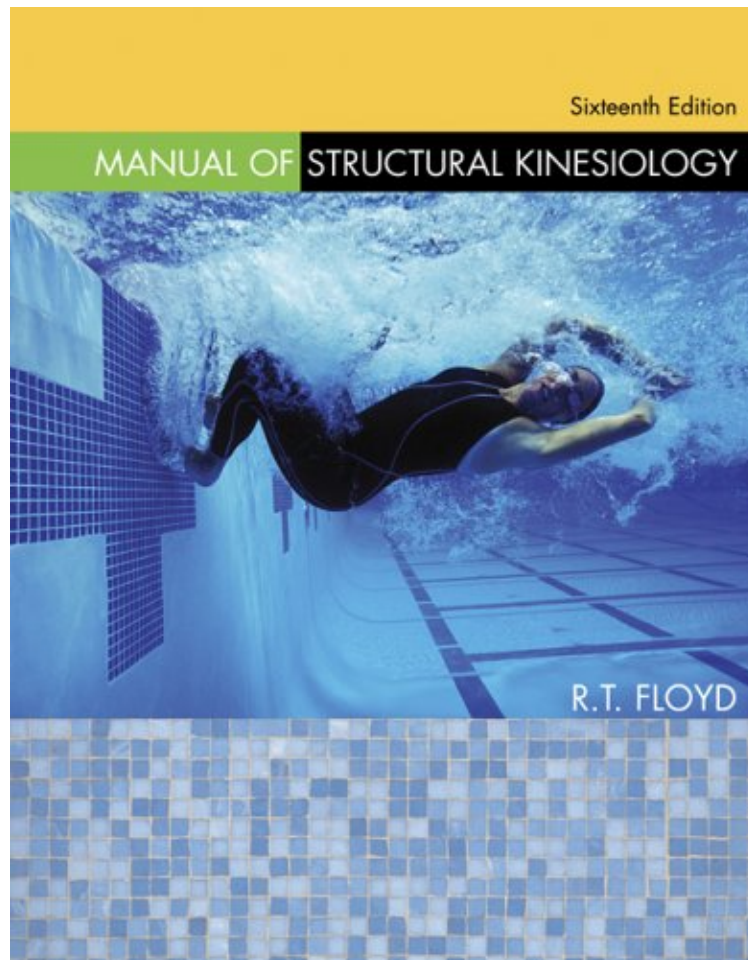


Manual of Structural Kinesiology

R.T. Floyd, Clem Thompson

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This book provides a straightforward look at human anatomy and its relation to movement. The text identifies specific muscles and muscle groups and describes exercises for strengthening and developing those muscles. The Manual of Structural Kinesiology makes important information readily available to students through a combination of logical presentation and concise writing style.