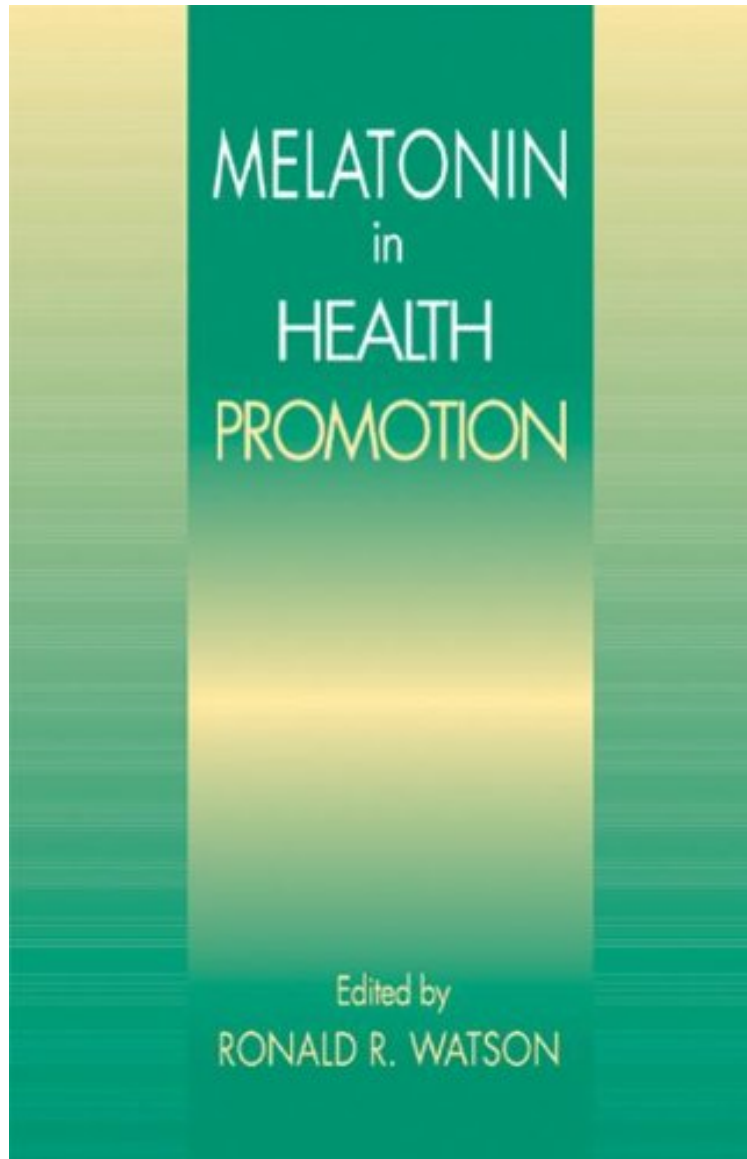


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Melatonin in the Promotion of Health, Second Edition (Modern Nutrition)

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Designed for researchers, physicians, and lay people interested in the topic, *Melatonin in Health Promotion* examines virtually all aspects of the multifunctional hormone melatonin, a subject of intense scientific research and general interest. Topics addressed include how melatonin is synthesized; possible harmful side effects; and the role this hormone plays in diseases such as epilepsy, Alzheimer's, and cancer.