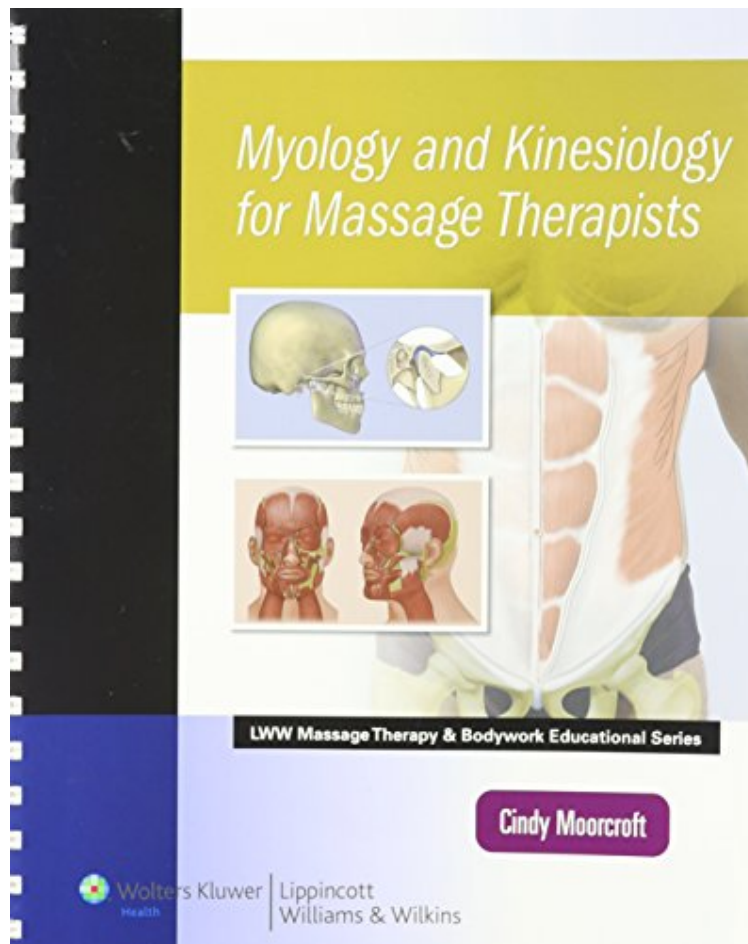


[Read free] Myology and Kinesiology for Massage Therapists (LWW Massage Therapy and Bodywork Educational Series)

## Myology and Kinesiology for Massage Therapists (LWW Massage Therapy and Bodywork Educational Series)

*Cindy Moorcroft BA LMT*

*ePub | \*DOC | audiobook | ebooks | Download PDF*



DOWNLOAD



+

READ ONLINE

#2226165 in Books 2014-10-15 Original language: English PDF # 1 11.00 x 9.25 x 1.00l, 2.76 #File Name: 1496309073496 pages | File size: 73.Mb

**Cindy Moorcroft BA LMT : Myology and Kinesiology for Massage Therapists (LWW Massage Therapy and Bodywork Educational Series)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Myology and Kinesiology for Massage Therapists (LWW Massage Therapy and Bodywork Educational Series):

0 of 0 people found the following review helpful. Beautiful. There is no other book out there like ...By Margaret Ann MayrExtremely well organized and detailed. Beautiful. There is no other book out there like it for Massage Therapists. Very grateful for the time and energy that was put in to it - everyone in the field and studying to enter should own this!! Thanks!1 of 1 people found the following review helpful. Five StarsBy gumbyGreat book. Very useful1 of 1 people found the following review helpful. Very well writtenBy FunWithMy congratulations to the author on this well

constructed manuscript of musculature. A great book for the beginner or the experienced bodyworker without a lot of fluff or extraneous verbiage. To the point, with great visual support and explanation of the muscles and their function.

*Myology and Kinesiology for Massage Therapists* presents the anatomy and function of the muscular system using an innovative applied learning technique designed to help today's massage student learn and understand this subject. As this is a subject that many massage students struggle with, this integrated workbook approach helps students apply their knowledge to massage-specific scenarios, and accommodates the needs of multiple learning styles. Beginning with an overview of the body and anatomical structures, the text builds to a thorough review of each body area, complete with full-color illustrations. Each chapter is divided into two parts: a text/content section followed by an activity/workbook section. The text section provides context for the activities and helps familiarize the student with the different bones, muscles, and other structures within each body region. The workbook section includes muscle drawing exercises, claywork exercises, case study exercises and review questions.